

Glen Allen

Monthly

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Discover the “Manorhouse Difference”

by Steve Cook

When an aging parent can no longer care for their needs independently, many adult children face both the emotional as well as the practical challenges of finding an assisted living community that will give both the parents and their children peace of mind.

“Especially since Covid, folks have been most interested in not only the quality of the care that our residents receive but also in the quality of our staffing,” says Valerie Robinson, Director of Resident Relations at **Manorhouse Assisted Living & Memory Care** at 13500 Gayton Road in Short Pump.

Interestingly, according to recent surveys, staffing has been a major issue with care facilities, especially since Covid. According to a recent report, nearly 60 percent of assisted living communities said their overall workforce situation has gotten worse since 2020. Many point to employee retention as being a serious problem.

This is definitely not a problem at Manorhouse. Robinson, who, herself, has been with



Manorhouse
Assisted Living & Memory Care



Manorhouse since before it even opened its doors over eight-and-a-half years ago, cites the fact that the facility is locally owned and operated as being an important factor in keeping both members of its staff as well as its residents feeling well cared for. »»

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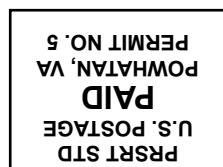
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“It (the local ownership) really makes a difference,” she says. “We can respond immediately to the needs of our residents and our staff. There’s no waiting around for approval from some board of directors, where the primary concern is the bottom line.”

Robinson points to several key members of both the nursing team as well as other support services, who have been at Manorhouse for five years or more. Even LuAnn Paul, the Executive Director has been at the Short Pump location for four years, having previously worked at another area Manorhouse.

“In an industry that has a reputation for turnover, Manorhouse is not only the community of choice for families, but the employer of choice, as well,” she says.



A Manorhouse employee for 7 years, June Eldridge is an experienced Medication Technician.



Lakia Coleman is a long time Nursing Assistant in Manorhouse's memory care neighborhood.

However, statistics are not what families are most interested in when searching for the ideal home for loved ones who need the additional care. Generally, decisions are made more on the impression one gets when visiting such a facility.

Having visited Manorhouse and several of its residents on many occasions over the years, I could share my personal impressions of happy people enjoying a beautiful, meticulously cared for community.

But this is something you need to discover for yourself. Take a tour. Speak to both residents and staff members. You’ll quickly note the



Manorhouse difference. The quality, the design, the open, bright, spacious accommodations are quickly recognized and appreciated. A visit to Manorhouse is truly a breath of fresh air.

Spend just a few moments speaking with residents who will gladly share the joys of regular excursions to the nearby mall, restaurants, and other destinations. The residents interact with each other as well as the staff as if they were all one big family.

To discover this for yourself, contact Valerie Robinson at 804-360-7777 and arrange for your own tour. For more information, visit online at ManorhouseRetirement.com

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Love Sweet Love

by Steve Cook

Chocolate and Love – those two words go together so beautifully. Why do you suppose that is?

According to the website TotallyChocolate.com, chocolate isn't just a symbol of love—it chemically mimics the feelings of romance. The website goes on to throw around such lovely words as phenylethylamine, theobromine, and endorphin release, but try whispering those sweet nothings into your true love's ear and see where that gets you.

I'd rather talk about romantic restaurants in the area and the romantic chocolate desserts that can warm the coldest cockles of one's heart. And, here, in the middle of the winter, most of us would appreciate an occasional cocktail warming. Here are a couple of our favorite local romantic restaurants.

Lola's Farmhouse Bistro

1840 Manakin Road, Manakin Sabot; 804-784-2000

"Built in 1865, this old farmhouse is definitely unique," says Marianne Hess. She and her husband Eric own and operate Lola's. "The rooms are intimate, with fireplaces and character," she adds.

Marianne says that not only will the house/restaurant be decorated for Valentine's Day, but so will the igloos. The igloos allow lovers of Lola's patio to enjoy that setting year round. Lola's will be offering a special Valentine's Day menu and that includes some romantic cocktails. Love potions?

Chocolates Anyone? Chocolate lovers will want to save room for either Lola's "Messy Brownie" with ice cream or their Chocolate Sundae with Cotton Candy.

Love is in the Air: Lola's offers such a romantic setting that it was the site of Marianne's and Eric's wedding.



Madeline Hickey displays Lola's Messy Brownie and Chocolate Sundae

Hanover Tavern

13181 Hanover Courthouse Road, Hanover; 804-537-505

Make your romantic night one of historic proportions at Hanover Tavern. This well-known landmark has been operating since 1733. And has undoubtedly hosted many a young suitor's pursuit of a romantic meal with his special someone.

This year, says Brooke Adams, Associate Director at the facility, "We have two events built around Valentine's Day and romance." On February 12, patrons are invited to celebrate "L'amour et le Vin" with a 4-Course Wine Pairing Dinner. And on the next two evenings (February 13 and 14), the Tavern will be offering their "Pleasures Prove" special sweethearts menu. Enjoy an elegant three-course meal including your choice of appetizer, entrée, and dessert. Reservations are required for both.

Chocolates Anyone? By press time, Chef Mary Catherine Ortolan had not made a final dessert decision, but she promises some chocolate decadence.

Love is in the Air: It may inspire you to know that Patrick Henry fell in love and eventually married the Tavern owner's daughter, here. Imagine Henry, in his role as bartender at the Tavern, catching his first glimpse of the young Sarah Shelton, whom he married when she was 16.

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The Power of Print

Nobody reads print anymore. You've heard it said, but do you believe it? Obviously not. You're reading print at this very moment. And the truth is, **everybody reads print!** Whether it's the back of a cereal box or the attention-grabbing headlines on the People Magazine you see while waiting in the grocery store checkout line, we all read print.



The Heritage Rivers Monthly is read by tens of thousands of area residents each month. You see, the truth is print works. For over 5,000 years folks have been responding to this medium. In fact, the first known print ad goes back to a promotion for a weaver's shop discovered on Egyptian papyrus dating back to about 3,000 BC.



What a history print advertising has. Just imagine some marketing executive in the mid 1400s saying, "Hey, let's give Johannes Gutenberg's new-fangled movable-type printing press a chance." And they did - with posters, handbills, and flyers.

The 19th century saw print advertising boom alongside the Industrial Revolution. Magazines and newspapers flourished. This "Golden Age" solidified print as the primary medium for building national brand identities.

Has the digital age killed print? Hardly.



Today, direct mail is seeing a resurgence. You can take advantage of direct mail's ability to target your prospective customer. Here in Southern Chesterfield, both through magazines and other periodicals, which are directly mailed into the home, ACI has been proving to our clients - small and large area businesses - that nothing offers the impact, the personal reach, and the success of print advertising.

While the world wide web offers many valuable features, hyper-local content is not one of them. A recent online search for best breakfast spots in Southern Chesterfield, included suggested restaurants from Richmond's Fan district, to Short Pump, to Petersburg.

The Heritage Rivers Monthly gives you the opportunity to reach your neighbors. It provides content that typically focuses on local personalities, upcoming events, attractions, and businesses. It's read and enjoyed by your prospective customers. Many tell us they eagerly await each month for our articles, our recipes, our calendar of events, and, yes, to hear what our local advertisers have to offer them.

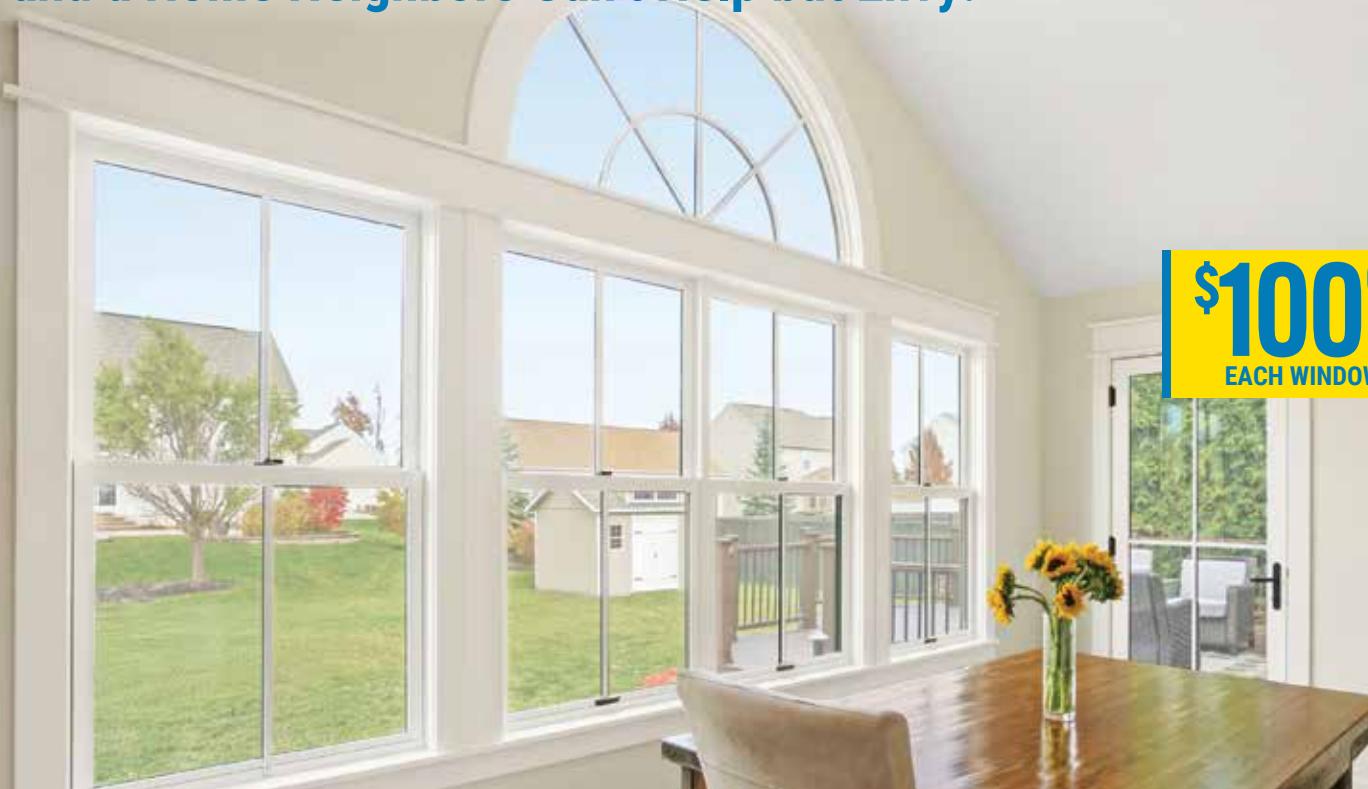
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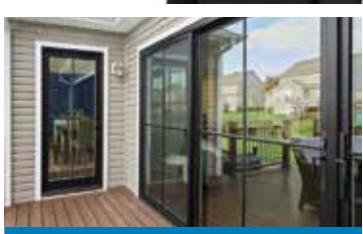
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From the Pantry

Triple Chocolate Brownies

Oh, the possibilities! Who doesn't enjoy a decadent chocolate dessert or beverage? Chocolate as we know it first appeared in the 19th century and we have been enjoying it ever since. This triple chocolate brownie recipe (using cocoa powder, milk chocolate, and dark chocolate) topped with a quick and easy chocolate sauce is sweet and rich and goes great with a scoop of vanilla ice cream. *Cindy*

BROWNIES

INGREDIENTS:

3/4 cup butter, melted
3/4 cup brown sugar
1 cup granulated sugar
2 eggs
1 tbsp vanilla extract
3/4 cup cocoa powder
1/2 cup milk chocolate chips
1/2 cup dark chocolate chips



DIRECTIONS:

Preheat oven to 350 degrees. Whisk together melted butter and both sugars in a large mixing bowl, whisking until it resembles a paste. Add eggs and vanilla and whisk again. Add cocoa powder, salt, and flour to bowl and mix until just combined. Stir in all chocolate. Pour the batter into a greased 8x8 pan and cook for 30-40 minutes.

CHOCOLATE SAUCE

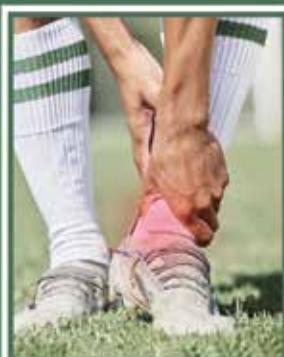
INGREDIENTS:

1/2 cup milk
2/3 cup cocoa powder
1 1/2 cup sugar
1/4 tsp salt
4 tbsp butter
2 tsp vanilla

DIRECTIONS:

Combine milk, cocoa, sugar, and salt in a saucepan. Boil for one minute, stirring constantly. Remove from heat and add butter and vanilla. Pour over brownies while still warm. Let brownies and chocolate cool, then enjoy!

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Fun Things TO DO List

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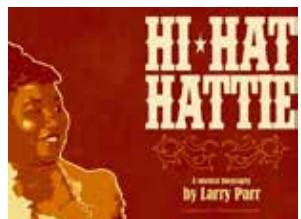
Staged at the historic **Hanover Tavern**, **Dinner With Friends**, by Donald Margulies, takes a heartfelt and sharply honest look at friendship, marriage, and the moments that change everything. (HanoverTavern.org)



SATURDAY, FEBRUARY 7 @ 7:30 P.M.

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WEDNESDAY, FEBRUARY 25 @ 7 P.M.

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THURSDAY, FEBRUARY 26 @ 8 P.M.

GET THE REAL SKINNY

You'll get the real **Tuba Skinny** at the **Tin Pan**. This New Orleans street band is famous for its performances of early jazz, ragtime, and blues music of the 1920s and 1930s. (TinPanRVA.com)

TUESDAY, MARCH 3 THROUGH SUNDAY, MARCH 8

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FRIDAY, MARCH 6 @ 7 P.M.

GET IN THE REVIVAL SPIRIT

Powerhouse vocalist and Chicago native, Nathan Chester brings his **Old Soul's Motown Revival** to the **Cultural Arts Center**. Backed by a talented band, Nathan's voice shines as he soulfully covers classic hits and reinterprets them with a fresh, passionate delivery. (ArtsGlenAllen.com)

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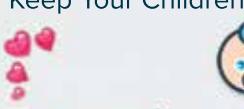


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