

Midlothian NORTH Monthly

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Love Sweet Love

by Steve Cook

Chocolate and Love – those two words go together so beautifully. Why do you suppose that is?

According to the website TotallyChocolate.com, chocolate isn't just a symbol of love—it chemically mimics the feelings of romance. The website goes on to throw around such lovely words as phenylethylamine, theobromine, and endorphin release, but try whispering those sweet nothings into your true love's ear and see where that gets you.

I'd rather talk about romantic restaurants in the area and the romantic chocolate desserts that can warm the coldest cockles of one's heart. And, here, in the middle of the winter, most of us would appreciate an occasional cockle warming. Make your romantic night one of historic proportions when you chose either of these two dining destinations.

Half Way House Restaurant

10301 Route 1, Richmond; 804-275-1760

"From birthdays and anniversaries to proposals and holidays the Half Way House makes every occasion special," says Rick Young. Rick and his wife Sue own and operate the historic



Bask in the glow as you dine in the historic Half Way House

Half Way House restaurant, which is half way between Richmond and Petersburg. When asked about a special Valentine's Day menu, Rick says, "Our regular menu is" **»»**

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« a special occasion menu, so we don't do any special dishes, but a unique menu feature is our Half Way House Combinations. Choose any two: filet mignon, fried jumbo Gulf shrimp and Chesapeake crab cakes."

Chocolates Anyone? The Chocolate Truffle Cake is a long-time favorite. And for Valentine's Day, patrons will be offered complimentary fresh Driscoll's strawberries dipped in French dark chocolate couverture.

Love is in the Air: Rick says it best, "From the flickering of candlelight and fresh flowers on your table to the glowing embers of the fireplaces, the Half Way House is the perfect place for your special occasion."

Lola's Farmhouse Bistro

1840 Manakin Road, Manakin Sabot; 804-784-2000



Madeline Hickey displays Lola's Messy Brownie and Chocolate Sundae

"Built in 1865, this old farmhouse is definitely unique," says Marianne Hess. She and her husband Eric own and operate Lola's. "The rooms are intimate, with fireplaces and character," she adds.



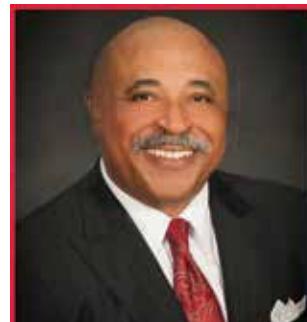
Marianne says that not only will the house/restaurant be decorated for Valentine's Day, but so will the igloos. The igloos allow lovers of Lola's patio to enjoy that setting year round. Lola's will be offering a special Valentine's Day menu and that includes some romantic cocktails. Love potions?

Chocolates Anyone? Chocolate lovers will want to save room for either Lola's "Messy Brownie" with ice cream or their Chocolate Sundae with Cotton Candy.

Love is in the Air: Lola's offers such a romantic setting that it was the site of Marianne's and Eric's wedding.



Enjoy the scrumptious Chocolate Truffle Cake at Half Way House



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A February Gardener's State of Mind

by Kim Amboy

This time of year, Green Thumbers get a bit antsy being stuck indoors. Winter has lost its charm, everyone's got a bad case of cabin fever, and growers are jonesing to get outside, enjoy the warmth of spring, and get their hands back in the dirt. Sadly, that's not for a few weeks yet. However, February in Virginia is transition time—time to get into the gardening mindset. While my thumb isn't even remotely green (more like chartreuse), I've learned from my own research and visiting a local gardening guru that there are plenty of things to do to make the time go by quickly.

Garden Prep & Planning

It's a good time to review last year's garden: What worked? What didn't? If pests or disease were a problem, it might be a good idea to plan a crop rotation to minimize the hassle. Also, clean pots and seed trays with a mild bleach solution to prevent disease.

While you're in the planning mode, it's also time to buy or order this year's seeds, because popular varieties sell out quickly.

Pruners, shovels, and mower blades will need a good cleaning and sharpening to be ready when you need them.



Soil Care

Now is the time to get your soil tested (especially if you haven't in a few years). Virginia Cooperative Extension offers affordable testing. And, if the soil is workable, amend it with well-rotted manure or compost. And speaking of compost, try to minimize weed seeds in the pile...you'll save yourself a lot of work in the growing season to come.



Perennials, Trees, Shrubs & Pruning

It's pruning time! Trim fruit trees (apple, pear, peach), and roses before new growth starts, but don't prune spring-flowering shrubs like azalea, forsythia, or lilac—they already have buds. Keep an eye out for winter damage and remove any broken branches. Also, take this time to divide perennials such as daylilies and hostas if the soil is workable.

Early Planting (Weather Permitting)

Start your vegetable and herb seedlings indoors to give them a headstart—tomatoes, peppers, eggplant, and herbs like basil and parsley. I learned the hard way that window light doesn't produce the best results, and my seedlings were terribly "leggy". Consider purchasing a full spectrum plant light for optimal seedling growth. The garden center at your local Southern States will have everything needed to get you growing.

Yes, fellow garden enthusiasts, it might still be cold outside, but that doesn't mean we can't roll up our sleeves this month and start preparing for the upcoming growing season. May your harvest be bountiful!

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The Power of Print

Nobody reads print anymore. You've heard it said, but do you believe it? Obviously not. You're reading print at this very moment. And the truth is, **everybody reads print!** Whether it's the back of a cereal box or the attention-grabbing headlines on the People Magazine you see while waiting in the grocery store checkout line, we all read print.



The Heritage Rivers Monthly is read by tens of thousands of area residents each month. You see, the truth is print works. For over 5,000 years folks have been responding to this medium. In fact, the first known print ad goes back to a promotion for a weaver's shop discovered on Egyptian papyrus dating back to about 3,000 BC.



What a history print advertising has. Just imagine some marketing executive in the mid 1400s saying, "Hey, let's give Johannes Gutenberg's new-fangled movable-type printing press a chance." And they did - with posters, handbills, and flyers.

The 19th century saw print advertising boom alongside the Industrial Revolution. Magazines and newspapers flourished. This "Golden Age" solidified print as the primary medium for building national brand identities.

Has the digital age killed print? Hardly.



Today, direct mail is seeing a resurgence. You can take advantage of direct mail's ability to target your prospective customer. Here in Southern Chesterfield, both through magazines and other periodicals, which are directly mailed into the home, ACI has been proving to our clients - small and large area businesses - that nothing offers the impact, the personal reach, and the success of print advertising.

While the world wide web offers many valuable features, hyper-local content is not one of them. A recent online search for best breakfast spots in Southern Chesterfield, included suggested restaurants from Richmond's Fan district, to Short Pump, to Petersburg.

The Heritage Rivers Monthly gives you the opportunity to reach your neighbors. It provides content that typically focuses on local personalities, upcoming events, attractions, and businesses. It's read and enjoyed by your prospective customers. Many tell us they eagerly await each month for our articles, our recipes, our calendar of events, and, yes, to hear what our local advertisers have to offer them.

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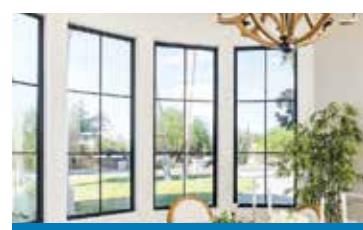


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RECIPE



From the Pantry

Triple Chocolate Brownies

Oh, the possibilities! Who doesn't enjoy a decadent chocolate dessert or beverage? Chocolate as we know it first appeared in the 19th century and we have been enjoying it ever since. This triple chocolate brownie recipe (using cocoa powder, milk chocolate, and dark chocolate) topped with a quick and easy chocolate sauce is sweet and rich and goes great with a scoop of vanilla ice cream. *Cindy*

BROWNIES

INGREDIENTS:

3/4 cup butter, melted
3/4 cup brown sugar
1 cup granulated sugar
2 eggs
1 tbsp vanilla extract
3/4 cup cocoa powder
1/2 cup milk chocolate chips
1/2 cup dark chocolate chips

DIRECTIONS:

Preheat oven to 350 degrees. Whisk together melted butter and both sugars in a large mixing bowl, whisking until it resembles a paste. Add eggs and vanilla and whisk again. Add cocoa powder, salt, and flour to bowl and mix until just combined. Stir in all chocolate. Pour the batter into a greased 8x8 pan and cook for 30-40 minutes.



CHOCOLATE SAUCE

INGREDIENTS:

1/2 cup milk
2/3 cup cocoa powder
1 1/2 cup sugar
1/4 tsp salt
4 tbsp butter
2 tsp vanilla

DIRECTIONS:

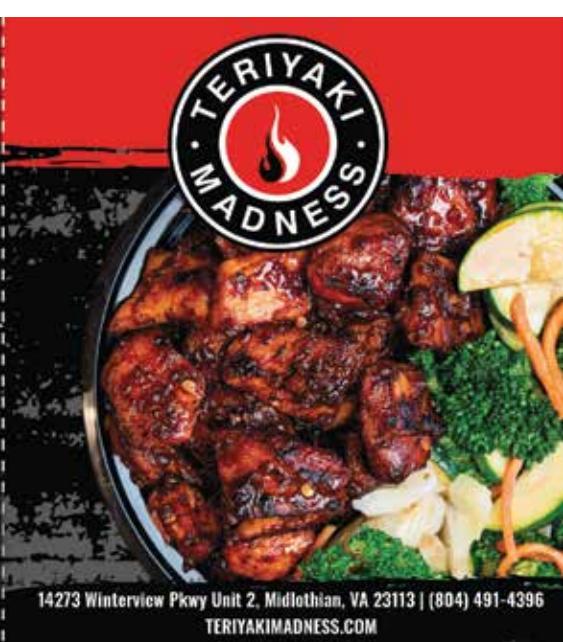
Combine milk, cocoa, sugar, and salt in a saucepan. Boil for one minute, stirring constantly. Remove from heat and add butter and vanilla. Pour over brownies while still warm. Let brownies and chocolate cool, then enjoy!

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SATURDAY, FEBRUARY 14

LOVE YOUR TATERS (JUST DON'T EAT THEM)

Our favorites (yes, we do play favorites) the **Taters** return to the stage at the **County Seat Restaurant and Gathering Place** for their special Valentine's concert. Make reservations now. (TheCountySeat.com)

SATURDAY, FEBRUARY 14 @ 7:30 P.M.

OPEN THE BORDER

The **Beacon Theatre** presents **On the Border – The Ultimate Eagles Tribute** show. (BeaconTheatreVA.com)

THURSDAY, FEBRUARY 19 FROM 5:30 TO 9 P.M.

CELEBRATE EXCELLENCE

Members and non-members, alike, are invited to The **Goochland County Chamber of Commerce Annual Celebration** at the **Estate at River Run**. In addition to an excellent meal in a beautiful, elegant James River mansion, The Goochland Chamber will be presenting the winners of the Chamber Excellence Awards. (GoochlandChamber.org)

FRIDAY, FEBRUARY 20 @ 7 P.M.

LET'S GROOVE TONIGHT

"**Let's Groove Tonight**" joins the **Richmond Symphony** with Broadway superstar Chester Gregory and vocal powerhouses Cherise Coaches and Brik Liam. This incredible evening is full of classic hit songs made famous by The Spinners, The Stylistics, The Temptations, Marvin Gaye, Diana Ross, and more. And it's all coming to the **Carpenter Theatre** for one exciting performance. (DominionEnergyCenter.com)



SATURDAY, FEBRUARY 28 @ 3 P.M.

SPEND AN AFTERNOON WITH THE BEATLES

Okay, it's not the Beatles. But it's the **Cast of Beatlemania** and they'll be delighting fans at the **Beacon Theatre**. (BeaconTheatreVA.com)

TUESDAY, MARCH 3 THROUGH SUNDAY, MARCH 8



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I was skeptical about a membership, but **after my son's first class I was sure this was a great idea**. The kids have **such a sense of pride** figuring things out from the mental to the physical challenges, the coaches are **so involved**, and as a parent it was awesome helping my kiddo overcome challenges.

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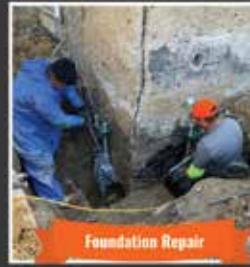
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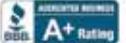
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